



## MASSAGES



**Dolce Aqua** - A soothing and revitalizing ritual, with endogenous products, in an environment suspended by the river.

**80 min. | Single: 225€**

**Couple: 425€**

**Dolce Aqua Experience** - A soothing experience, with endogenous products, in an environment suspended by the river.

**50 min. | Single: 175€**

**Couple: 325€**

**Serra do Açor** - A relaxing massage with essential oils that promotes muscle relaxation and deep well-being.

**50 min. | Single: 115€ Couple: 220€**

**Mil e Uma Sensações** - Perfumed experience with heated candle oil for intense skin hydration and immediate relaxation.

**50 min. | Single: 115€ Couple: 220€**

**Magia dos Aromas** - Compression-based massage, performed with aromatic heated bags, which relieve stress and relaxes the body.

**50 min. | Single: 120€ Couple: 230€**

**Estrela Nautilus** - Sensory and refreshing experience, performed with shells that improves circulation and soothes anxiety.

**50 min. | Single: 115€ Couple: 220€**

## BODY TREATMENTS

**Body Scrub** - Renews your skin leaving it smooth and with a velvet touch.  
**35 min. | 65€ / With deep moisturizing effect 50 min. | 110€**

**Dream Skin** - Free your face and body from impurities and aggressions external, leaving them nourished, light and with a velvet touch. **80 min. | 150€**

**Tired Legs Ritual** - A treatment indicated for legs - activates blood and lymphatic circulation, eliminating toxins from the body and reducing fluid retention. **50 min. | 125€**

**Anti Cellulite Treatment** - Draining movements that help to reduce adipose tissue, control cellulite and return firmness to your skin. **70 min. | 150€**  
**Pack with 4 treatments | 480€**

**Reducing Treatment** - Located treatment that, by stimulating the blood and lymph circulation, helps to relieve congestion and reduce volume. **55 min. | 150€**  
**Pack with 4 treatments | 480€**

## FACIAL TREATMENTS

**Lifting Care** - An antioxidant and anti-aging beauty ritual that leaves the skin smooth, toned and wrinkles are visibly reduced. **50 min. | 125€**

**Oily Skin Care** - Effective care for skin imperfections, sebaceous secretions and rebalancing of skin functions. **50 min. | 90€**

**Sensitive Skin Care** - Soothing and regenerating care that reinforces the skin's natural defense promoting a feeling of comfort. **50 min. | 90€**

**Mountain Air Care** - Treatment especially suitable for normal to dehydrated skin that returns hydration, luminosity and comfort. **50 min. | 90€**

**Men's Care** - A facial treatment that eliminates signs of fatigue, makes the skin smoother and more flexible, with a renewed, fresh and energized appearance. **50 min. | 90€**

## SPECIAL MOMS

**Mothers-to-be Massage** - A pure moment of relaxation, that, through a massage with neutral oils, promotes deep and emotional well-being.

**From 3 months of pregnancy onwards 50 min. | 120€**

**Ritual Sensations** - A face and feet ritual created exclusively for mothers-to-be, which renews and hydrates your skin deeply, promoting relaxation and well-being. **50 min. | 95€**

## BABIES, KIDS & TEENS

**“Sleeping Beauty” / “Little Prince” Massage** - Peaceful and relaxing massage in a fragrant lavender forest created with magic oils. **Up to 12 years old 25 min. | 65€**

**“Little Mermaid” / “Nemo” Bath** - Intimate and engaging moment with your baby in a bathtub with the benefits of thermal water combined with a neurosensory stimulation.

**Up to 4 years old 20 min. | 50€**

**With hidratation** - Rich and gentle hydration for a soft and protected skin.

**Up to 4 years old 20 min. | 55€**

**Magic Rain Vichy** - Shower with magic water jets, in a deep blue ocean, with massage to all body.

**From 5 to 12 years old 20 min. | 65€**

**Purifying Facial Treatment** - Anti-acne treatment that reduces pimples and controls oiliness, restoring the skin's natural balance.

**35 min. | 65€**

**Mom & Me / Dad & Me** - Intimate moment between parents and children, in a private room, for relax and share experiences.

**Up to 6 years old 70 min. | 200€**

## THERAPEUTICS

**Therapeutic Muds** - Release stress and tension in a deep, localized massage, focusing on stress and pain points, through the application of therapeutic muds. **45 min. | 100€**

**Vichy with Therapeutic Muds** - Complete treatment that combines the anti-inflammatory effect of the therapeutic muds to the benefits of thermal water. **25 min. | 100€**

## THERMAL SPA TREATMENTS

**Vichy Shower** - Shower with thermal water jets and a manual massage to the legs and back simultaneously. **4 hands 25 min. | 95€**  
**2 hands 15 min. | 65€**

**“Serra do Açor” Exfoliating Vichy** **4 hands 25 min. | 100€**

**Freshness of “Alva” Vichy** **4 hands 25 min. | 100€**

**Warmth of “Alva” Vichy** **4 hands 25 min. | 100€**

**Whirlpool Bathtub** - A bath that benefits your skin with thermal water properties. **15 min. | 50€**

**“Serra do Açor” Bath** **15 min. | 55€**

**Freshness of “Alva” Bath** **15 min. | 55€**

**Warmth of “Alva” Bath** **15 min. | 55€**

**Scottish Shower** - Projection of a jet of hot water that generates a deep massage, improving blood circulation and increasing muscle tone. **12 min. | 45€**

**Thermal Pack** - Benefit from the properties of thermal water with a Vichy Shower, a Circular Shower, a Scottish Shower and a Whirlpool Bathtub. **60 min. | 125€**