



MASSAGES



Dolce Aqua Experience - A soothing experience, with endogenous products, in an environment suspended by the river. **50 min. | Single: 175€ | Couple: 325€**

Serra do Açor - A relaxing massage with essential oils that promotes muscle relaxation and deep well-being. **50 min. | Single: 115€ | Couple: 220€**
25 min. | Single: 75€ | Couple: 150€

Mil e Uma Sensações - Perfumed experience with heated candle oil for intense skin hydration and immediate relaxation. **50 min. | Single: 115€ | Couple: 220€**

Magia dos Aromas - Compression-based massage, performed with aromatic heated bags, which relieve stress and relaxes the body. **50 min. | Single: 120€ | Couple: 230€**

Estrela Nautilus - Sensory and refreshing experience, performed with shells that improves circulation and soothes anxiety. **50 min. | Single: 115€ | Couple: 220€**

BODY TREATMENTS

Body Scrub - Renews your skin leaving it smooth and with a velvet touch.
35 min. | 65€ / With deep moisturizing effect 50 min. | 110€

Dream Skin - Free your face and body from impurities and aggressions external, leaving them nourished, light and with a velvet touch.
80 min. | 150€

Tired Legs Ritual - A treatment indicated for legs - activates blood and lymphatic circulation, eliminating toxins from the body and reducing fluid retention. **50 min. | 125€**

Anti Cellulite Treatment - Draining movements that help to reduce adipose tissue, control cellulite and return firmness to your skin.
70 min. | 150€
Pack with 4 treatments | 480€

Reducing Treatment - Located treatment that, by stimulating the blood and lymph circulation, helps to relieve congestion and reduce volume.
55 min. | 150€
Pack with 4 treatments | 480€

FACIAL TREATMENTS

Lifting Care - An antioxidant and anti-aging beauty ritual that leaves the skin smooth, toned and wrinkles are visibly reduced.
50 min. | 125€

Oily Skin Care - Effective care for skin imperfections, sebaceous secretions and rebalancing of skin functions.
50 min. | 90€

Sensitive Skin Care - Soothing and regenerating care that reinforces the skin's natural defense promoting a feeling of comfort.
50 min. | 90€

Mountain Air Care - Treatment especially suitable for normal to dehydrated skin that returns hydration, luminosity and comfort.
50 min. | 90€

Men's Care - A facial treatment that eliminates signs of fatigue, makes the skin smoother and more flexible, with a renewed, fresh and energized appearance.
50 min. | 90€

SPECIAL MOMS

Mothers-to-be Massage - A pure moment of relaxation, that, through a massage with neutral oils, promotes deep and emotional well-being.

From 3 months of pregnancy onwards 50 min. | 120€

Ritual Sensations - A face and feet ritual created exclusively for mothers-to-be, which renews and hydrates your skin deeply, promoting relaxation and well-being. **50 min. | 95€**

BABIES, KIDS & TEENS

“Sleeping Beauty” / “Little Prince” Massage - Peaceful and relaxing massage in a fragrant lavender forest created with magic oils. **Up to 12 years old 25 min. | 65€**

“Little Mermaid” / “Nemo” Bath - Intimate and engaging moment with your baby in a bathtub with the benefits of thermal water combined with a neurosensory stimulation.

Up to 4 years old 20 min. | 50€

With hidratation - Rich and gentle hydration for a soft and protected skin.

Up to 4 years old 20 min. | 55€

Magic Rain Vichy - Shower with magic water jets, in a deep blue ocean, with massage to all body.

From 5 to 12 years old 20 min. | 65€

Purifying Facial Treatment - Anti-acne treatment that reduces pimples and controls oiliness, restoring the skin's natural balance.

35 min. | 65€

Ritual Mom & Me / Dad & Me - Intimate moment between parents and children, in a private room, for relax and share experiences.

Up to 6 years old | 50 min. | 180€

Massage Mom & Me / Dad & Me - Intimate moment between parents and children, in a private room, for relax and share experiences.

Up to 12 years old | 30 min. | 130€

THERAPEUTICS

Therapeutic Muds - Release stress and tension in a deep, localized massage, focusing on stress and pain points, through the application of therapeutic muds. **45 min. | 100€**

Vichy with Therapeutic Muds - Complete treatment that combines the anti-inflammatory effect of the therapeutic muds to the benefits of thermal water. **25 min. | 100€**

THERMAL SPA

Vichy Shower - Shower with thermal water jets and a manual massage to the legs and back simultaneously. **4 hands 25 min. | 95€**
2 hands 15 min. | 65€

“Serra do Açor” Exfoliating Vichy **4 hands 25 min. | 100€**

Freshness of “Alva” Vichy **4 hands 25 min. | 100€**

Warmth of “Alva” Vichy **4 hands 25 min. | 100€**

Whirlpool Bathtub - A bath that benefits your skin with thermal water properties. **15 min. | 50€**

“Serra do Açor” Bath **15 min. | 55€**

Freshness of “Alva” Bath **15 min. | 55€**

Warmth of “Alva” Bath **15 min. | 55€**

Scottish Shower - Projection of a jet of hot water that generates a deep massage, improving blood circulation and increasing muscle tone. **12 min. | 45€**

Thermal Pack - Benefit from the properties of thermal water with a Vichy Shower, a Circular Shower, a Scottish Shower and a Whirlpool Bathtub. **60 min. | 125€**