



MASSAGES



Dolce Aqua Experience - A soothing experience, with endogenous products, in an environment suspended by the river.
 50 min. I Single: 200€
 Couple: 380€

Serra do Açor - A relaxing massage with essential oils that promotes muscle relaxation and deep well-being.
 50 min. I Single: 150€ I Couple: 270€
 25 min. I Single: 100€ I Couple: 180€

Aqua Harmonia - A four hands experience with perfect synchrony. Promotes a deep relaxation, ideal for who is looking for a different sensorial and differentiating experience.
 35 min. I Single: 150€

Mil e Uma Sensações - Perfumed experience with heated candle oil for intense skin hydration and immediate relaxation.
 50 min. I Single: 130€ I Couple: 250€

Magia dos Aromas - Compression-based massage, performed with aromatic heated bags, which relieve stress and relaxes the body.
 50 min. I Single: 140€ I Couple: 270€

Estrela Nautilus - Sensory and refreshing experience, performed with shells that improves circulation and soothes anxiety.
 50 min. I Single: 130€ I Couple: 250€

Deep “Sleep” Ritual - Located massage on the feet, hands and cervical. A treatment focused on the main areas of tension, ideal for relieving physical and mental fatigue.
 25 min. I Single: 90€ Couple: 170€

BODY TREATMENTS

Body Scrub - Renews your skin leaving it smooth and with a velvet touch.
35 min. I 70€ / With deep moisturizing effect 50 min. I 140€

Dream Skin - Free your face and body from impurities and aggressions external, leaving them nourished, light and with a velvet touch.
80 min. I 175€

Tired Legs Ritual - A treatment indicated for legs - activates blood and lymphatic circulation, eliminating toxins from the body and reducing fluid retention. 50 min. I 150€

Anti Cellulite Treatment - Draining movements that help to reduce adipose tissue, control cellulite and return firmness to your skin.
70 min. I 175€
Pack with 4 treatments I 525€

Reducing Treatment - Located treatment that, by stimulating the blood and lymph circulation, helps to relieve congestion and reduce volume.
55 min. I 175€
Pack with 4 treatments I 525€

FACIAL TREATMENTS

Lifting Care - An antioxidant and anti-aging beauty ritual that leaves the skin smooth, toned and wrinkles are visibly reduced.
50 min. I 150€

Oily Skin Care - Effective care for skin imperfections, sebaceous secretions and rebalancing of skin functions.
50 min. I 115€

Sensitive Skin Care - Soothing and regenerating care that reinforces the skin's natural defense promoting a feeling of comfort.
50 min. I 115€

Mountain Air Care - Treatment especially suitable for normal to dehydrated skin that returns hydration, luminosity and comfort.
50 min. I 115€

Men's Care - A facial treatment that eliminates signs of fatigue, makes the skin smoother and more flexible, with a renewed, fresh and energized appearance.
50 min. I 115€

SPECIAL MOMS

Mothers-to-be Massage - A pure moment of relaxation, that, through a massage with neutral oils, promotes deep and emotional well-being.

From 3 months of pregnancy onwards 50 min. I 150€

Ritual Sensations - A face and feet ritual created exclusively for mothers-to-be, which renews and hydrates your skin deeply, promoting relaxation and well-being. **50 min. I 120€**

BABIES, KIDS & TEENS

“Sleeping Beauty” / “Little Prince” Massage - Peaceful and relaxing massage in a fragrant lavender forest created with magic oils. **Up to 12 years old 25 min. I 85€**

“Little Mermaid” / “Nemo” Bath - Intimate and engaging moment with your baby in a bathtub with the benefits of thermal water combined with a neurosensory stimulation.

Up to 4 years old 20 min. I 75€

Magic Rain Vichy - Shower with magic water jets, in a deep blue ocean, with massage to all body. **From 5 to 12 years old 20 min. I 75€**

Purifying Facial Treatment - Anti-acne treatment that reduces pimples and controls oiliness, restoring the skin's natural balance. **35 min. I 75€**

Ritual Mom & Me / Dad & Me - Intimate moment between parents and children, in a private room, for relax and share experiences. **Up to 6 years old I 50 min. I 200€**

Massage Mom & Me / Dad & Me - Intimate moment between parents and children, in a private room, for relax and share experiences. **Up to 12 years old I 30 min. I 150€**

THERAPEUTICS

Therapeutic Muds - Release stress and tension in a deep, localized massage, focusing on stress and pain points, through the application of therapeutic muds. **45 min. I 125€**

Vichy with Therapeutic Muds - Complete treatment that combines the anti-inflammatory effect of the therapeutic muds to the benefits of thermal water.

25 min. I 125€

Massagem terapêutica - Massagem focada na parte posterior do corpo, ideal para aliviar contraturas, tensões profundas e desconforto muscular.

25 min. I 100€

THERMAL SPA

Vichy Shower - Shower with thermal water jets and a manual massage to the legs and back simultaneously.

4 hands 25 min. I 120€

2 hands 15 min. I 80€

“Serra do Aço” Exfoliating Vichy

4 hands 25 min. I 130€

Freshness of “Alva” Vichy

4 hands 25 min. I 130€

Warmth of “Alva” Vichy

4 hands 25 min. I 130€

Whirlpool Bathtub - A bath that benefits your skin with thermal water properties.

15 min. I 70€

Scottish Shower - Projection of a jet of hot water that generates a deep massage, improving blood circulation and increasing muscle tone.

12 min. I 50€

Thermal Pack - Benefit from the properties of thermal water with a Vichy Shower, a Circular Shower, a Scottish Shower and a Whirlpool Bathtub.

60 min. I 170€